## JOB SEARCH & MENTAL HEALTH

Join us for one or all of these sessions focused on elements of a job search and your mental health.



## **Balancing Job Search and Senior Year**

- Learn time management strategies to help prioritize your goals without sacrificing your well being
  - 11/14 @ 11: 30 am
  - **♀** PPHAC 116

## **Anxiety and the Job Interview**

- Learn tips to help reduce anxiety on your interview
- Learn the basics of job interviewing and resources to help practice
  - **U** 11/21 @ 11: 30 am
  - **PPHAC 113**

## **Creating Connection Beyond Moravian**

- Learn tools to overcome social anxiety
- Learn about building a professional network
  - 12/5 @ 11: 30 am
  - PPHAC 117



