

One way you can achieve better balance and satisfaction in your life is to delegate some time-consuming tasks to others. We're here to help you. We'll do the legwork to find childcare, financial and legal experts, cleaning or repair services and more— giving you time back in your day to focus on the things you love doing. Reach out to us today for personalized help finding resources for the following:

#### Work/Life Services

### We search local resources and availabilty

- Childcare centers, nanny resources, pre-school centers, before- and after-school care for schoolaged children, summer camps
- Pet sitters
- Special needs research, including community resources and support
- Assisted living, nursing homes, independent living, home health aides, adult day services
- Senior centers, geriatric care managers
- Personal/family law attorneys: adoption, guardianship, custody, child support, divorce
- Elder law attorneys: wills, durable Power of Attorney, health directives
- Financial/legal consultants: debt, budgeting, bankruptcy, college/retirement planning

### Personal Concierge Services

# We do time-consuming research to connect you to needed professionals and services

- Contractors/landscapers for home/yard projects
- Pet care; cleaning agencies; dry cleaning
- Rental car/auto repair/maintenance research
- Travel planning and activity research
- Party/event planning research
- Ticketing research for travel, sporting events, theater

#### **Online Services**

# Access valuable information on the website or mobile app

- Articles on emotional well-being, relationships, health, financial matters, work issues
- If you prefer convenient, self-service help, we offer that too. Search for care for children and older adults, camp locators, and more.
- Calculators for student loans or debt consolidation
- Downloadable legal forms and other documents



## 877-240-6863

answers@HealthAdvocate.com HealthAdvocate.com/moravianuniversity

Call • Email • Message • Live Chat 🗐



