

SO YOU WANT TO BECOME AN ATHLETIC TRAINER?

WHAT IS AN ATHLETIC TRAINER?

Athletic trainers (ATs) are highly qualified, multi-skilled health care professionals.

ATs work in collaboration with a physician to provide the following:

Preventative Services

Emergency Care

Clinical Examination and Diagnosis

Therapeutic Intervention

Rehabilitation of Injuries and Medical Conditions

THE PROFESSION OF ATHLETIC TRAINING IS IN HIGH DEMAND.

According to the Bureau of Labor Statistics, the athletic training profession is expected to

grow by 23% by 2030.

ATs ARE NOT PERSONAL TRAINERS.

Unlike personal trainers, ATs follow a medical-based education model and are licensed or otherwise regulated in 49 states and the District of Columbia. Efforts continue to gain regulation in California.

ATs ARE RECOGNIZED BY THE FOLLOWING GROUPS AS ALLIED HEALTH PROFESSIONALS:

American Medical Association (AMA), Health Resources Services Administration (HRSA), Department of Health and Human Services (HHS)

The ATC Credential and the Board of Certification (BOC) requirements are currently recognized by 49 states plus the District of Columbia for eligibility and/or regulation of the practice of athletic training.

BOC certification is the only accredited certification program for ATs. For more information, visit www.bocatc.org.

NATA
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
HEALTH CARE FOR LIFE & SPORT

nata.org

WHERE DO ATs WORK?

Public and Private
Secondary Schools



Public and Private
Colleges/Universities



Clinics and
Hospitals



Professional
Sports



Emerging Settings (Performing Arts, Public Safety, Military, Occupational Health)

HOW DO I BECOME AN ATHLETIC TRAINER?

1

Apply and be accepted into a
CAATE-accredited Program

2

Graduate from a CAATE-
accredited Program

3

Sit for and pass the BOC
certification examination

THERE ARE MORE THAN 270 COMMISSION
ON ACCREDITATION OF ATHLETIC TRAINING
EDUCATION (CAATE) ACCREDITED
PROGRAMS IN THE US.

Professional programs, Post-professional
programs and Residency Programs

Visit <http://caate.net/search-for-accredited-program/> to find out
which institutions offer athletic training as a major.

TYPES OF DEGREES ATs CAN OBTAIN

Master's degrees (MS, MA, MEd), terminal degrees (PhD, EdD),
clinical and doctoral degrees (DAT)

ARE THERE SCHOLARSHIPS FOR ATHLETIC TRAINING?

NATA Foundation
Scholarship Program has
awarded over \$3.8 million to
undergraduate, masters and
doctoral students.

\$2,300 per scholarship

Learn more at
www.natafoundation.org

MORE ABOUT PROFESSIONAL EDUCATION:

- Competency-based approaches are used in the classroom and clinical settings
- Medical-based education model
- 5 domains of clinical practice: injury and illness prevention and wellness promotion; examination, assessment and diagnosis; immediate and emergency care; therapeutic intervention; health care administration and professional responsibility
- Students are instructed in the following subject matters: evidence-based practice; prevention and health promotion; clinical examination and diagnosis; acute care of injuries and illnesses; therapeutic interventions; psychosocial strategies and referral; health care administration; professional development and responsibility