

MORAVIAN UNIVERSITY

Dear New Student and Family,

Sharing information regarding the health documents that all incoming undergraduate students (commuter and residential) must (1) take to their healthcare provider and (2) upload prior to arriving at Moravian University. Everything should be submitted **AT LEAST 6 WEEKS PRIOR TO THE START OF CLASSES.**

STEP I: What you need from your Healthcare Provider:

1. **Moravian University Health Center Physical Examination**- second page of this document. A completed physical (including signature of healthcare provider and DATE OF EXAM) is required of all new undergraduate students (first year and transfer). A physical exam is required within 12 months prior to the first day of class.
2. **A copy of your immunization records** from your healthcare provider or high school. All incoming undergraduate students are required to have the following vaccinations:
 - Hepatitis B series - three doses
 - Measles, Mumps, Rubella (MMR) - two doses (first dose on or after 1st birthday) or blood test showing immunity
 - Meningitis Vaccine (MCV) on or after 16th birthday
 - Polio series
 - Tdap on or after 10th birthday and required within the past 10 years
 - Varicella - two doses (first dose on or after first birthday) or blood test showing immunity
 - Meningitis B vaccine is **STRONGLY ENCOURAGED**

Step II: Log into the Moravian University Health Center Portal (moravian.studenthealthportal.com):

1. Locate your Moravian University email address and AMOS password (provided by Moravian University).
2. Type **moravian.studenthealthportal.com** into your browser and you will be directed to the Health Center portal.
3. Once there, enter your Moravian University email address and AMOS password. Answer some security questions as a first-time visitor.

Step III: In the Health Center Portal (moravian.studenthealthportal.com):

- Complete the following available under “My Forms” (top of the page) and “pending forms”:
 1. Immunization History – please enter the dates from your records
 2. Medical History
 3. Tuberculosis (TB) Screening Questionnaire. Students are expected to answer to determine if they do or do not need TB testing. If there are any 'yes' responses, TB testing will be needed prior to arrival at Moravian.
 4. Release of Medical Information and Permission to Treat
- Scan or take a picture with your device and upload the following. Look for the “Document Upload” tab.
 1. Moravian University Health Center Physical Examination form (outlined above)
 2. Immunization record (outlined above)

Student-Athletes: There are additional forms you need to complete for Athletics. Check your portal.

Outside Pennsylvania? Notify your health insurance company that you are attending college in Pennsylvania. Ask if you have to make any special arrangements. Specifically, ask to be covered if medical tests need to occur in Pennsylvania and not your home state as well as, if you have to be referred locally to a provider.

Most care at the Health Center is free, including nurse practitioner and physician visits, as well as many over-the-counter medications. The Health Center can perform point-of-care (on site) lab testing and has a limited number of prescription and non-prescription medications available at a minimum charge. Outside lab work, specialist referrals, and prescription medications referred to outside facilities are based on medical coverage. To expedite care, we ask that you **update us should your medical insurance change.**

Questions? Do not hesitate to contact us. Our staff looks forward to meeting you.

Sincerely,

Moravian University Health Center
healthcenter@moravian.edu

MORAVIAN UNIVERSITY HEALTH CENTER

PHYSICAL EXAMINATION

Student's Name _____ Date of birth _____

TO THE EXAMINING HEALTH CARE PROVIDER: This student has been accepted and is attending Moravian University. Please review the student's history and complete this examination with comments on any disease or abnormal findings. Physical exam must be done less than one year prior to first day of classes.

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Blood pressure	Pulse	Height (in.)	Weight (lbs.)	BMI	Sugar Urinalysis	Protein	R / L /	D Y D N	Corrected?	Gross hearing

CLINICAL EVALUATION

	Normal	IF Abnormal please describe
Skin		
Head and scalp		
Eyes		
Ears/hearing		
Mouth, nose, throat		
Neck		
Heart		
Lungs		
Abdomen		
Genitourinary		
Musculoskeletal		
Neurologic		
Emotional		

1. Any known impaired function and/or loss of any paired organ? Yes No. If yes, specify _____
2. Allergies or contraindications to any medication? Yes No. If yes, specify _____
3. Any medicine taken on a regular basis? Yes No. If yes, specify _____
4. Recommendation for physical activity: Unlimited Limited; explain _____
5. Can this individual participate in intercollegiate athletics, including contact sports? Yes No Not Applicable.
6. For nursing majors, is there any health reason that would preclude this person from engaging in clinical practice as a student nurse?
 Yes No If yes, specify _____
7. General comments or recommendations: _____

As your patient starts their college years, please make sure they are up to date with Tdap, Meningitis (dose at age 16 or later) and consider the Meningitis B vaccine series. They are required to submit their vaccination history to us as well - we appreciate it if you can **please provide them with a written immunization record** for them to upload to our computer system.

THE FOLLOWING IMMUNIZATIONS ARE REQUIRED FOR ALL STUDENTS:

- MMR x 2 (first dose on or after 1st birthday)
- Varicella x 2
- Hepatitis B vaccine series
- Tdap on or after 10th birthday and required within the past 10 years
- Meningitis (on or after 16th birthday)
- Meningitis B vaccine is STRONGLY ENCOURAGED but not required

Name of Physician/Provider _____ MD/DO/NP/ PA _____ Street Address- office stamp preferred _____

Signature _____ Date of Exam _____ City, State, Zip _____ Phone _____

STUDENTS: When form is completed, please upload to the Moravian University Health Center portal- moravian.studenthealthportal.com